



MAVERICK FOOD PANTRY

CULTURE OF CARING

NORMAL INVENTORY ITEM LIST

Please ensure donated items are unopened and unexpired.

PROTEINS

- Peanut Butter
- Canned Chicken
- Canned Tuna
- Canned Beans
 - Black
 - Cannellini
 - Garbanzo
 - Kidney
 - Pinto

FRUITS

- Applesauce
- Cinnamon Applesauce
- Mandarin Oranges
- Peaches
- Pineapple

VEGETABLES

- Corn
- Green Beans
- Sweet Peas
- Tomatoes

GRAINS

- Cereal
- Gluten-Free Cereal
- Mac & Cheese
- Gluten-Free Mac & Cheese
- Oatmeal Packets
- Pasta
- Gluten-Free Pasta
- Tortillas
- Quinoa
- White Rice
- Brown Rice

BAKING & COOKING ITEMS

- Baking Powder
- Baking Soda
- Black Pepper
- Cinnamon
- Cumin
- Flour
- Garlic Powder
- Paprika
- Salt

SOUPS & SAUCES

- Chicken Noodle Soup
- Lentil Soup
- Marinara/Pasta Sauce
- Tomato Paste
- Tomato Soup

SNACK BAR

- Fruit snacks
- Granola bars
- And many more!

OTHER

- Toilet Paper
- Paper Towels
- Can openers
- Diapers
- Menstrual Products
- School Supplies
- Sexual Health Products
- Other toiletries & hygiene items are based on donations

We welcome food and personal hygiene items not listed above.

FOR MORE INFORMATION:

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unomaha.edu/maverick-food-pantry

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